

CITY OF HOUSTON PHARMACY BENEFITS

2018–2019 Plan year

When it comes to filling your prescriptions, choice, convenience and cost are important to you. We get that. They're important to us, too. That's why we want to let you know that as of May 1, 2017, your plan includes a pharmacy network and maintenance medication program called **Cigna 90 NowSM**.

With Cigna 90 Now, you have the choice of filling your maintenance medications in either a 30-day or 90-day supply at the pharmacy that's most convenient for you. Maintenance medications are the medications you take every day to treat an ongoing health condition like diabetes, high blood pressure, high cholesterol or asthma.

The City of Houston's pharmacy network has expanded to give you more choice in where you can fill your prescriptions

There are over 68,000 retail pharmacies in your network. They include local pharmacies, grocery stores, retail chains and wholesale warehouse stores – all places where you may already shop.

All pharmacies in your network can fill 30-day prescriptions, and a select number of pharmacies can fill 90-day prescriptions. To see a complete list of pharmacies in your network, you can go to **Cigna.com/Rx90network**.

Where you can fill 30-day prescriptions

You may use any retail pharmacy in your network. These include:

- › **CVS/Target**
- › **Kroger** (including Harris Teeter Pharmacy, Pick N Save Pharmacy, Fred Meyer Pharmacy, Fry's Food and Drug)
- › **HEB Pharmacy**
- › **Kelsey-Seybold**
- › **Walgreens**
- › **Walmart**
- › **Participating independent pharmacies**

Where you can fill 90-day prescriptions

You may use a retail pharmacy in your plan's network that's approved to fill 90-day prescriptions, or **Cigna Home Delivery PharmacySM**. Here are a few 90-day retail pharmacies in your network:

- › **CVS/Target**
- › **Kroger** (including Harris Teeter Pharmacy, Pick N Save Pharmacy, Fred Meyer Pharmacy, Fry's Food and Drug)
- › **Walmart**



Together, all the way.®



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

30-Day Fills

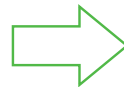


Get a 30-day prescription for your maintenance medication

Take your prescription to any retail pharmacy in your network

Receive your medication

90-Day Fills



Get a 90-day prescription for your medication

Take your prescription to a 90-day retail pharmacy in your network, or mail to Cigna Home Delivery Pharmacy

Receive your medication in a 90-day supply for convenience



Prefer to have your medications delivered to your door?

Then Cigna Home Delivery Pharmacy may be right for you! We'll deliver your maintenance medication to you at the location of your choice. And standard shipping is always free. No more waiting in line at the pharmacy!

You'll also save money when you use Cigna Home Delivery Pharmacy. You'll pay just 2.5x your retail copay for a 90-day prescription. And certain generic and brand medications are available at no cost-share (\$0 copay). For more information, please call **800.285.4812**, or visit **Cigna.com/home-delivery-pharmacy**.



Questions?

Please call Customer Service at 800.997.1406. We're here to help.

* Internal Cigna analysis performed March 2016, utilizing 2015 Cigna national book of business average medication adherence (customer adherent > 80% PDC), 90-day supply vs. those who received a 30-day supply taking antidiabetics, RAS antagonist and statins.

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